The New York Times Sunday Review | The Opinion Pages

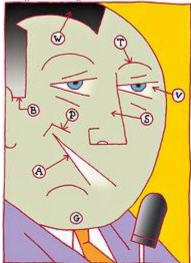
GRAY MATTER A Facial Theory of Politics

By LEONARD MLODINOW

Published: April 21, 2012

HOW important is a political candidate's appearance?

Enlarge This Image



Related in Opinion

Times Topic: United States Elections

We're all worldly enough to understand that looks matter. You probably know about the famous 1960 presidential debate between an unshaven and tired Richard Nixon and a tanned and rested John F. Kennedy: those who watched on television generally thought Kennedy won the debate, while those who listened over the radio overwhelmingly favored Nixon. Still, even the most jaded politico assumes that appearance is a relatively small factor — and one that we are basically aware of. Everyone knew that part of Kennedy's appeal was how he looked.

But recent research suggests that we may need to adopt a more cynical attitude. It turns out that a candidate's appearance — not beauty, but a look of competence — can generate a far greater vote swing than we previously thought. Furthermore, this effect is not only powerful but also subliminal. Few of us believe that appearance determines our vote, yet for a significant number of us, it may.

Seymour Chwast

In one study, led by the political scientist Shawn W. Rosenberg of the University of California, Irvine, 140 volunteers were told that they were participating in a study of voting in which they would scrutinize candidates for Congress in three nearby districts. For each of the three races, the volunteers were shown two fliers presenting information about the candidates, including their party affiliations and their stances on several issues. Each flier also included a photo of the candidate.

In reality, the fliers had been concocted for the experiment. The photos were not of actual candidates but of models (all white males dressed in coat and tie) whose visages, in a prior survey with different volunteers, had been given either high or low marks with regard to perceived qualities like integrity, competence and leadership ability.

For each of the three races, the researchers arranged for half the subjects to see a flier in which the candidate with the more favorable appearance was pictured as the liberal Democrat, while the other half saw him pictured as the conservative Republican. That way, if looks didn't matter, the two candidates should receive about an equal number of votes (regardless of the split in party preference among the participants). Instead, the voting split about 60-40, with a majority favoring the candidate with the better visage.

A related series of studies, also led by Professor Rosenberg, showed that candidates could exert some control over the appearance factor. Researchers first recruited 210 volunteers to rate head-and-shoulder shots of hundreds of women in terms of how "able looking" they were. From these ratings they determined that certain factors contributed to this appearance: for example, eyes with more curvature on the top than the bottom; hair that is short and parted on the side or combed back; a hairline that comes to a slight widow's peak; a broad or round face; and a smile. Then they employed a Hollywood-style makeup artist and a photographer to use these criteria to create two images of each candidate, one more able looking and one less. (A second study confirmed that the manipulations had the desired effect.)

Finally, the researchers recruited another set of volunteers to do the voting. Each candidate was presented in her "attractive" form to half the subjects, while her opponent was presented in her "unattractive" form. The other half of the subjects saw the same women running under the same party banners, but with the appearance variable reversed. On average, the candidates received 56 percent of the vote when portrayed by the better campaign photo, compared with 44 percent when portrayed by the unfavorable photograph — a vote swing of 12 percentage points.

In another series of studies, conducted at Princeton by the psychologists Alexander Todorov and Charles C. Ballew II, participants were presented with pairs of head-shot photos of the competing candidates in hundreds of actual Congressional and gubernatorial elections in the United States. After displaying a photo pair for just a quarter of a second, the researchers asked the participants to judge which candidate was more competent. (If a participant recognized a candidate, his response for that race was not counted.) These fleeting and uninformed impressions of competence turned out to correlate strongly with the actual election results. Over the hundreds of races tested, the more competent-looking candidate won the real-world election about 70 percent of the time.

The idea that appearance might be so influential is remarkable in light of the billions of dollars spent each election year to advertise candidates' records, views and personal qualities. After all the talk about the economy, health care and other contentious issues, the issue that may swing an election may be which candidate best looks the part.

<u>Leonard Mlodinow</u> teaches at the California Institute of Technology and is the author of the forthcoming book "Subliminal: How Your Unconscious Mind Rules Your Behavior."

A version of this op-ed appeared in print on April 22, 2012, on page SR12 of the New York edition with the headline: Would You Vote for This Face?.